



Using KBDM for my personal Decisions



TO RELOCATE OR NOT TO RELOCATE

AND

IF I DECIDED I WOULD RELOCATE

WHERE





Background



The 4 KBDM Questions

- ▶ 1. What do we know about our members' or prospective **members' needs** that is relevant to this discussion? What do we wish we knew, but don't?
- ▶ 2. What do we know about the **resources and our vision** for the organization that is relevant to this discussion? What do we wish we knew, but don't?
- ▶ 3. What do we know about the **current realities and evolving dynamics** of the world and our fellowship that is relevant to this discussion? And what are the Pros and Cons?
What do we wish we knew, but don't?
- ▶ 4. What are the **ethical implications** of our choices?
What do we wish we knew, but don't?



4 KBDM Questions (modified)

- **1st Question:** What do I know about what I want to do – What are my needs and my preferences?
- **2nd Question:** What do I know about my resources and abilities?
- **3rd Question:** What do I know about the current realities and evolving dynamics of my environment?
- **4th Question:** What are the implications of my choices? (Pros and Cons)
- And this question followed each of the above....What do I wish I knew but don't



KBDM in my personal life

Thought Force Mode

- ▶ **1st Question:**
- ▶ What do I know about what I want to do – What are my needs and my preferences?
 - ▶ Easy access to family (certainly not next door or real close by)
 - ▶ Al-Anon service structure and meetings
 - ▶ My own home
 - ▶ To be able to travel for short and long trips
 - ▶ Activities, hobbies as well as physical activities available
 - ▶ I prefer to be around water
- ▶ What do I wish I knew but don't
 - ▶ If it was feasible to have all of the above and stay in Hawaii?
 - ▶ Could I live in a condominium or a town home?



KBDM in my personal life

Thought Force Mode

- **2nd Question:**
- What did I know about my resources and abilities
 - I have a set income, will slightly increase in three years, future???
 - I can move to another home in Hawaii or to anywhere I want
 - I have the physical stamina and strength to move now
- What do I wish I knew but don't?
 - Do I need to sell my current house in order to buy another?
 - How much of a house can I afford?
 - What about Medical and Dental services or special treatments available?
 - What logistics will I have to obtain if I leave Hawaii? And how much will it cost?



KBDM in my personal life

Thought Force Mode

- ▶ **3rd Question:**
- ▶ What do I know about the current realities and evolving dynamics of my environment?
 - ▶ I am getting older.
 - ▶ My current neighborhood is changing and I do not want to stay here
 - ▶ There might be housing options here in Hawaii
 - ▶ My kids will both most likely be living on the mainland in the next couple of years
- ▶ What do I wish I knew but don't
 - ▶ Where my kids would settle and if that needs to be a real consideration
 - ▶ An area in Hawaii that was developed for senior living that I could age in place
 - ▶ If my Finances would support a move and how much could I allocate for a house, the move and to get settled.



KBDM in my personal life

Thought Force Mode

- ▶ **4th Question:**
- ▶ What are the implications of my choices? (Pros and Cons)
 - ▶ Leaving Hawaii I will leave my long time friends, moving I would make new ones
 - ▶ I found a group I like to travel with – will it still work or could I find others
 - ▶ I will leave a long time relationship I had with my Doctor and Dentist
 - ▶ I will most likely pay less taxes in places other than Hawaii (need to consider for any location)
- ▶ What do I wish I knew but don't
 - ▶ Where would I really like to live – cold, warm, Hawaii, Virginia, Florida, International ??????
 - ▶ Sell/Rent/simply hold on to my House
 - ▶ Living Expenses in a new location (taxes, utilities, other)



KBDM in my personal life

- Moving from Thought Force to Task Force (of One – me)
- Use resources
- TALK to others, talk to others, talk, talk, talk
- RESEARCH
- LISTEN and make lots of notes



KBDM in my personal life

Task Force Mode

- **1st Question:**

- What do I know about what I want to do – What are my needs and my preferences?

- Easy access to family
- Al-Anon service structure and meetings
- My own home (no condominium/shared home)
- To be able to travel for short and long trips
- Activities, hobbies as well as physical activities available
- I prefer to be around water

- What do I wish I knew but don't

- If it was feasible to have all of the above and stay in Hawaii.



KBDM in my personal life

Task Force Mode

- **2nd Question:**
- What did I know about my resources and abilities
 - I have a set income, will increase in three years
 - I can move to another home or to anywhere I want
 - I have the physical stamina and strength to move now
- What do I wish I knew but don't?
 - Do I need to sell my current house in order to buy another
 - How much of a house can I afford
 - Will I need to consider any special medical services or treatment



KBDM in my personal life

Task Force Mode

- ▶ **3rd Question:** What do I know about the current realities and evolving dynamics of my environment?
 - ▶ I am getting older.
 - ▶ My current neighborhood is changing and I do not want to stay here
 - ▶ There are housing options here in Hawaii
 - ▶ My kids will both most likely be living on the mainland in the next couple of years

- ▶ What do I wish I knew but don't
 - ▶ Where my kids would settle
 - ▶ An area in Hawaii that was developed for senior living that I could age in place



KBDM in my personal life

Task Force Mode

- **4th Question:**
- What are the implications of my choices? (Pros and Cons)
 - Leaving Hawaii I will leave my long time friends and I will make new ones
 - I found a group I like to travel with – will it still work
 - I will leave a long time relationship I had with my Doctor and Dentist
 - I will most likely pay less taxes in places other than Hawaii (need to consider for any location)
- What do I wish I knew but don't
 - Where would I really like to live – cold, warm, Hawaii, Virginia, Florida, International ??????
 - Where new friends were a possibility



The final result.....



KBDM in my personal life

Comments encouraged!

QUESTIONS

